

AASAI

SPECIAL POINTS OF INTEREST:

- Health
- Elder welfare
- Women's welfare
- Care and share
- Photo gallery

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American Association for Social Advancement of India

...help others to help themselves...

VOLUME 11

DECEMBER 2009

Remembering Dr. Krishnan Raghavan

Rehoboth Home for Women in Distress

Dr. Krishana Raghavan, an eminent critical-care pulmonary specialist at the St. Mary's Hospital, Amsterdam, NY recently (June 2009) died in a plane crash, A veteran pilot met with the tragedy when his plane crashed into the Mohawk River. In his memory, the family, and friends made contributions to AASAI in support of Rehoboth Home, Chennai. Rehoboth is home for more



than 120 mentally challenged women. Many of them were rescued from the streets with severe injuries and infections requiring

immediate medical intervention. Rehoboth provides total care to the unfortunate women including a rehabilitation. Rehoboth ensures family unity by caring for both the mother and the children, It runs a Day care center and the children are educated in near by schools while the mothers receive therapy and training. We appeal to your generosity. Please visit www.rehobothhome.org.

Shantivanam, Trichy, Tamilnadu Provides Hope for Mentally Ill

At Shantivanam, Trichy, destitute mentally ill receive professional and loving care they need and deserve. Unlike physically ill, mentally ill are often ignored misdiagnosed, and abandoned by the the society. With no one to care for them



they end up in street and wrought away. Shantivanam proactively seeks out these unfortunate brothers and sisters and helps them. AASAI supports shantivanam through an eco-friendly cow-farm which besides yielding milk produces much needed cooking gas.

...Mind is a terrible thing to waste...

AASAI Cares for Mentally ill Teens - Paradise Home Chennai

Over 2 % children in India have mental health issues. They are usually neglected by the society and even their own parents. Paradise Home, Chennai, cares for nearly 100

special teenagers. Many of them are also physically handicapped. Paradise Home provides physiotherapy and psychiatric help to integrate them into society. The care is totally

free of cost. The Home provides unconditional love and care. AASAI supports the Home in its dedicated service to these unfortunate special children. Please visit www.paradisehomeindia.org

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President's Corner



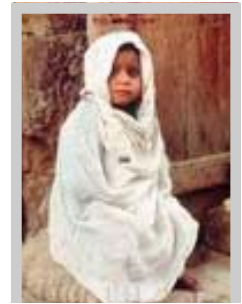
May I wish you all a very happy New year, health and happiness always. It is AASAI's 10th birthday. Thanks to you we have had wonderful 10 years

and with your continued generosity we will celebrate many more birthdays.

While we see slightly improved financial and economic conditions for some of us, there are many less fortunate who do not know where their next meal will come from or where will they sleep. AASAI is striving, albeit in a small way, to help others to help themselves. In this newsletter we have focused

on mental illness. Many mentally ill, women and children are often abused and abandoned. Many NGOs who provide great service to this segment of the population (See cover page) are in dire need of your help. Let us relieve them of their financial worry so they can focus on what they do best, care for the needy. Please donate generously.

L. Raghavan



Let me enlighten
**more we have
the less we own
Meister Eckhart**

AASAI supports Eegan India - helping Elder citizens and students

Eegan Inc, (www.eegan.org) and its representative in India, Sri Ramakrishna Seva Nilayam (www.srsntsi.org) are supporting 16 destitute elders and 13 poor young teens to become college educated professionals.

Ms. Shanmugapriya finished her high school but could not afford college. Her father, a bell boy in a motel earns Rs. 2,000 (\$44). Thanks to Eegan Scholar Program, she is now a college stu-

dent aspiring to become a computer engineer. As long as she maintains satisfactory performance Eegan will continue to support her education. Eegan Scholar-India helps the dream of higher education come true.

Mrs. Kotimuthu, a 75 year old widow in Tenkasi has no help. Her children, a coolie and another a farm worker, are not able to provide support. Mrs. Kotimuthu has hearing impaired

and her health does not allow her to earn her own living. India 60 Project, supports her now to lead a dignified life. She says that she will remember Eegan till she breathes her last.

AASAI is proud to support Eegan in its humanitarian effort. Please donate generously to this worthy cause.

Please visit www.eegan.org for details.

**The heart
benevolent and
kind....the most
resemble God
Robert Burns**

**Experience is the
name everyone
gives to their
mistakes
Oscar Wilde**

**Speak when you
are angry and
you will make
the best speech
you will ever
regret
Ambrose Bierce**

Dr. Shyamala (India-60 coordinator) with An-nathal of Valibhanpothai

Eegan India Scholar Program



Rajeswari receiving Eegan Educational Scholarship from Dr. Shyamala for studying Bachelors in Electronics and Communications

Girls from poor areas in Chennai receive English medium Education



Avvai Home Girls - Study under nature

AASAI supports a school in Chennai where young girls living slum areas of Chennai receive modern English-medium education for little or no cost. In the last three years, the strength has increased to nearly 50 children studying in three sections.

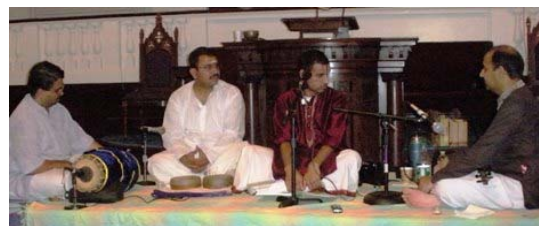
It is amazing how these children are now able to converse effortlessly in English. AASAI is sure that many of them will go to college and become professors, doctors or engineers. Rain or shine they study outside. Hard work shows. Please donate generously for this cause.



AASAI's Care and Share - Community Events

Much of the support for AASAI initiatives come from the local community. In appreciation, AASAI sponsors a series of events "Care and Share with AASAI". Through these events we communicate information on topics of common interest to the local community and to share their unique experiences, be it travel or other topics of interest. The Topics have ranged from financial to health issues to encouraging local artistic talents. For e.x.

Dr. Amitabh Dugar, PhD., CPA gave a valuable talk on How to Reconstruct Your Financial Future. He discussed how to review your financial investments and through a disciplined approach to make peri-



odic adjustments. Dr. Pushpa Mudan, a 25 veteran Emergency Room doctor provided a glimpse of what happens in the ER. Recently, a budding young medical student, Mr. Vishnu Kannabiran provided scintillating music performance which thrilled over 100 people. It is another way AASAI wants to bring all of us together.

CARE & SHARE
"There is hunger for ordinary bread, and there is hunger for love, for kindness, for thoughtfulness: and this is the great poverty that makes people suffer so much"
Mother Teresa

Support Initiated - Innova Hospital-Cardiac Care for Poor Children - Hydrebad

Innova Little heart Foundation is committed to saving tiny lives by providing high quality cardiac care to the unfortunate children of poor means who cannot afford to get even simple medical help. The Foundation provides free medical care to the needy. Innova Children's Heart Hospital, a 100- bed super specialty hospital in Andhra, (only hospital totally devoted to the pediatric cardiac care in India) supports the Foundation in this effort. The patients come from India, Nepal,

and African countries. The hospital performs over 1500 intricate cardiac surgeries annually. Dr.K. Murthy, an eminent pediatric cardiac surgeon along with Dr.K.Venkateswara Rao, a senior eminent physician who had served in several UN World Health organizations have totally dedicated themselves to this great cause. Their hearts are "big" to serve these "little" hearts. Please support and visit www.innovachildrehearthospital.co



Raghavan with Dr. K. Murthy



Organization

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Helping others to
.....help themselves

AASAI supports the underprivileged in India in the areas of education, health, women issues and senior citizen care. AASAI is unique in that it does not run a project by itself rather it identifies and supports worthy organizations to achieve their mission. This eliminates the need for donors to research to ensure that their contributions go to worthy causes and are effectively used. AASAI develops projects for these charities to generate self sustainable income. Donors can choose from AASAI's many projects. AASAI will send 100 % of the donations to them. Our admin costs are less than 0.39%. Donations are fully tax deductible.



Thanks for your

continued support

AASAI supports the underprivileged in India guided by its mission to “help others to help themselves.” Our projects are diverse and range from education to health. To name a few, AASAI motivates the bright students through cash awards for their scholastic achievements, supports schools that care and educate special children to become independent; supports a village school where the poor receive high class education comparable to modern urban schools, established an English medium school for girls from the slum areas of Chennai; supports mental care institutions where mentally ill children, teens, and adults receive free professional care, and more significantly receive unconditional love and affection, supports senior

citizen and abandoned street children homes that provide basic essentials for leading a dignified life. We have personally seen the direct and indirect impacts of our projects. By



due diligence and monitoring these projects, we can assure you that your \$\$ are well spent. Any small amount will go a long way in achieving our mission. Please help. 100% of your contribution will go towards worthy causes (our admin costs are a mere 0.39%). Your donations are greatly appreciated. Please visit our web site <http://www.aasai.org> for details.

Goodness is the only investment that never fails.Henry Thoreau

**Your small change....
for a world of difference**

Photo Gallery of few of our projects - Miles more to go



An Eco friendly Cow farm project is a great source of cash for Shantivanam to care



for destitute mentally ill. Raghavan inspecting the construction of Biogas plant. AASAI has expanded this project with additional cows and biogas plants to provide total milk needs and gas for cooking.

AASAI Director Dr. Gopinath serving sweets to our children at DSS, Bangalore.



AASAI's new project Rehoboth Home - Home that cares for mentally ill women in Chennai. AASAI plans to start "Trash to Treasure" store to help Rehoboth Home. Please support.



Deena Seva Sangha, Bangalore. AASAI's daily morning breakfast and midday meal program for over 300 children.

In addition AASAI cares for nearly 20 abandoned street children .. Chairman Raghavan meets with the DSS officials to study the children's progress and reviews the accounts. This is part of AASAI's due diligence to ensure that funds are used effectively on intended purposes.

AVVAI Home Girls School, Chennai. The girls from very poor sections of Chennai receive English medium education at very low or no cost.



AASAI's Support to Deena Seva Sangha—Bangalore

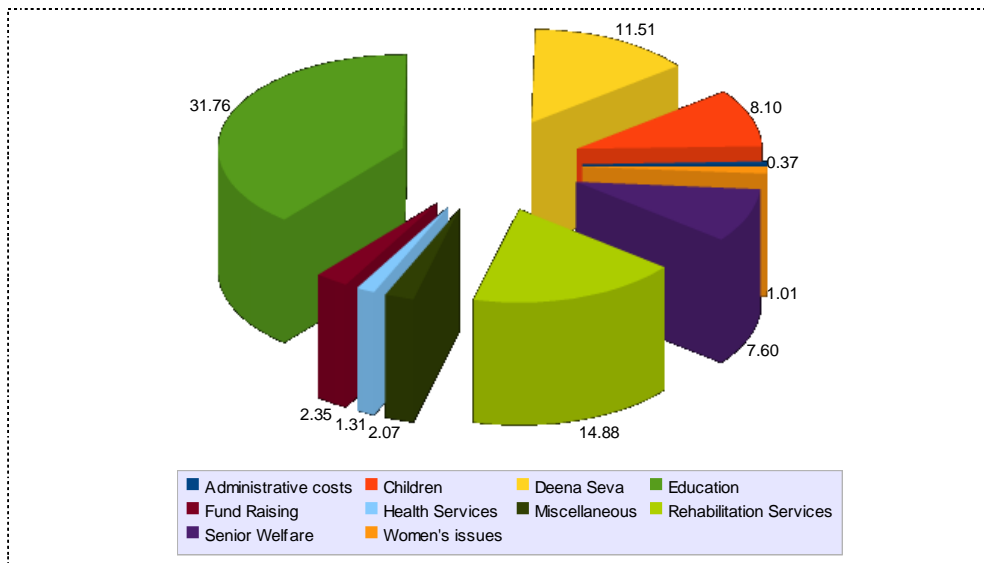
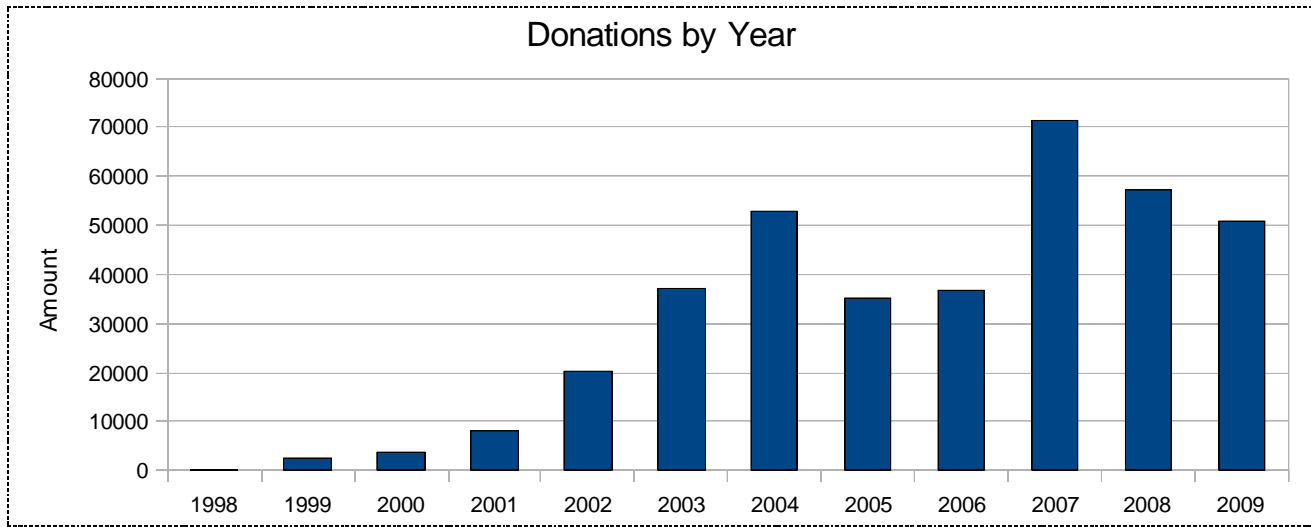
Miday-Meal, Milk and Biscuit Breakfast and Care for Abandoned Street Children Program



MAY NONE BE HUNGRY UNTILL FOOD IS BROUGHT BEFORE THEM

**Please support - Over 300 children depend on you
...perhaps it is their only meal for the day...**

THANKS—WE NEED YOUR CONTINUED SUPPORT



Total Distribution as of December 2009

Goodness is the only investment that never fails---Thoreau

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Yes I would like to become a member. Annual dues \$120

Yes I would like to contribute \$_____

My address:

Email:

Telephone:

Our Projects:

Education

Srividyaasram– Aduthurai Rural School for poor children
Sri Ahobila Math High School - Educational excellence
Shree Parashara Gurukulam - Modern education through traditional values
Avvai Home - Girl's English medium school

Children Welfare

Little Angels, School for special needs children
Balavidyalaya - School for hearing speech impaired children
Deena Seva Sangha - Rehabilitation of abandoned children

Elder Welfare

AASAI Anadashram
Sri Poorna Mameru Trust - Home for destitute elders
India 60 –Elder care

Health

Voluntary Health Services—medical needs of the poor and middle-income groups
Shantivanam, Trichy - Home for destitute mentally ill
Paradise Home, Chennai - Home for mentally ill teens
Rehoboth Home -Home for mentally challenged and battered women
Innova Little Heart Foundation - Cardiac care for the poor children

“Goodness is the only investment that never fails” - Thoreau

**WE ARE AN IRS-APPROVED NON-PROFIT ORGANIZATION
UNDER SECTION 501(c)(3). YOUR CONTRIBUTIONS ARE FULLY TAX
DEDUCTIBLE. OUR TAX ID NO. 31-1634640**