

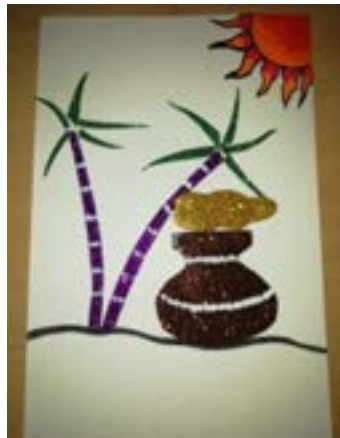


American Association for the Social Advancement of India

Helping Others to Help Themselves

ANNUAL NEWSLETTER

Volume 20: December 2025



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Helping Others to Help Themselves....

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Chairman's Corner:



It gives me great pleasure to communicate with you again via this annual Newsletter. At the outset let me wish a very healthy, prosperous and happy New Year to you and all your loved ones. Your continued generosity and patronage supports AASAI in our service to meet the needs of Children, Women, and the Poor. When we look back, 2025 marks the 27th year of service for AASAI. We are overwhelmed with emotion and joy to have been associated with several charities (NGOs) in India and be a part of their dedicated service to the underprivileged in our society.

In the last couple of years, we saw several major emergencies most notably Covid 19 and other natural calamities such as the floods in Tamil Nadu. Several thousands, both privileged and the poor with no exception, faced severe hardship including some among us losing jobs and facing financial strains. Despite all this you have continued your support to AASAI. As a result our initiatives at Athmalayam, Kalanjiyam, Voluntary Health Services (VHS), Rehoboth Home and Shiv Shanta Trust and others, continued to achieve significant progress in their services. Specifically, your support helped

- 1) AASAI Residency and swimming pool at Athmalayam to provide much needed accommodation and hydro therapy to the special children
- 2) Rehoboth Home (Home for women in distress) received special training for making environmentally-certified cleaner. They supply this cleaner to VHS that enabled the hospital to meet its government mandated use of environmentally safe cleaning products and other similar users.
- 3) AASAI continues to fund the corpus at VHS to provide medical care to Rehoboth and our other associated NGOs. We also curated a new initiative - Vaideeswaran Memorial Fund - in support of the needs of cancer patients at VHS.
- 4) Kalanjiyam has pursued a variety of new initiatives for education, skill development and social welfare under the banner of Thalir (which in Tamil language means "tender shoot" of a plant!).

These are but a few of AASAI initiatives. (more details in this Newsletter). Your continued support is essential for these initiatives.

We thank Dr. Ramakrishnan (Athmalayam), Mrs Zoraida Samuel (Rehoboth Home), Dr, Vasudevan (VHS). Ms. Anu Ramakrishnan (Kalanjiyam), Mr. C. Premnath (Kaigal - KEEP) and Dr. Usha Mittal (Shiva Santa Trust) and so many leaders at NGOs supported by AASAI, for their selfless and dedicated service to humanity.

Thank you again and we are grateful for your support.

L. Raghavan, Chairman, AASAI.

"Money is only unused power. The real purpose of wealth, after food, clothing and shelter, is philanthropy" Lean Levy



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A Note from our President:



To think beyond ourselves, especially in the service of those in need is a profound joy and an uplifting experience for anyone. The team at AASAI is blessed with this opportunity through the various initiatives we are able to pursue in collaboration with the many NGOs in India and their teams. Few highlights of these accomplishments in the year 2025 are covered in this Newsletter. All of these and more are possible only through the kind hearts and generosity of so many of you, the donors. You also reach out to us throughout the year with your kind words and suggestions, which serve as the spring board for further initiatives. Our sincere thanks to all of you - the NGOs we support and their teams, donors and all well wishers of AASAI. We look forward to your continued support and encouragement.

In this issue you will see many examples of inspiring and path breaking programs and initiatives: Para teachers and their collaboration with school systems to upgrade the education for rural children; Skill Development through many facets of tailoring, embroidery and weaving; Technology Education in the use of computers and learning, housing for destitute women, self-sustaining projects that also offer opportunities for rehabilitation, after mental health care, You will also get to read about the many programs for special needs children, rehabilitation of destitute men and women, health care for children and cancer patients, etc. Our initiatives are project based with outcomes that are sustainable: *Help others, so they can help themselves!*

We are pleased to welcome Mr. Mohan Gurunathan to the AASAI team as a Director. His energy, enthusiasm and commitment are very much a boost for the continued success of AASAI. Mr. Raghavan has continued his pioneering work in India, connecting with NGOs and finding resources to expand their programs. The connection he initiated with Mr. Kashyap at Paleech, Agrid Scientific LLP in 2024 has resulted in a successful environmentally friendly bio-cleaners program at Rehoboth Home. We also recognize the team of donors with leadership from Mrs. Malathy Dwarakanath and Mrs. Swetha Athreya and their initiative to support a program for Cancer patients at VHS, in memory of their dear departed friend Mr. Vaitheeswaran.

Above are just a few highlights. The depth and their impact are in the details as noted in the following pages! As you read through this Newsletter, if any of these projects or initiatives appeal to you, please feel free to contact us. It would be our pleasure to hear from you.

With best wishes to all.

Dr. Krishnamoorthy (Subbu) Subramanian

President, AASAI

Quotes from Mahatma Gandhi:

- Be the change that you wish to see in the world.
- Happiness: What you think, what you say, and what you do are in harmony.
- Where there is love there is life.
- The best way to find yourself is to lose yourself in the service of others.
- The future depends on what you do today."
- Everyone is a product of our thoughts. What we think, we become.



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Vision:

Help others so they can help themselves.

Mission:

- *Let none lack opportunities to excel*
- *Let all have equal access to health care to prosperity*
- *Let elders lead a secure and dignified life*
- *Let all minds realize its full potential*
- *Let women be empowered to lead a life without fear, discrimination and abuse*
- *Let us wipe out tears from every eye*

Board of Directors:

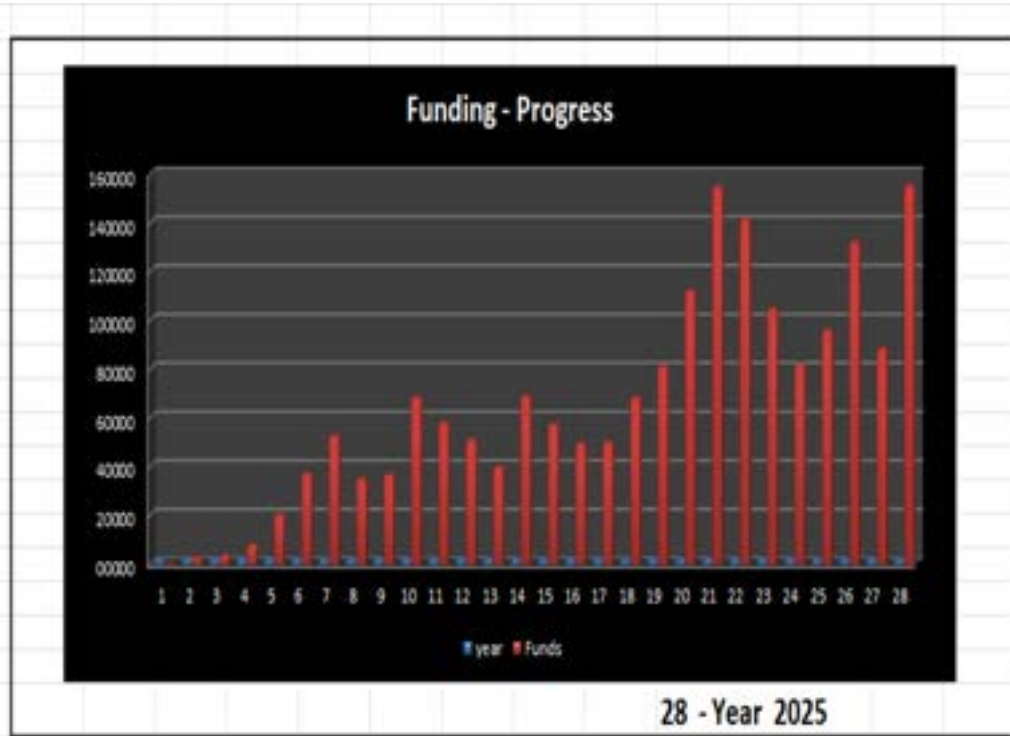
<p><i>With Gratitude!</i> Mr. L. (Narasimhan) Raghavan Director (Chairman)</p>	<p><i>Spirituality: Seeing the self in others and others in us!</i> Dr. K. (Subbu) Subramanian President</p>	<p><i>Assisting exemplary individuals positively impact their communities!</i> Dr. C. Gopinath Secretary</p>	
<p><i>Grateful for the opportunity to help those in need.</i> Mr. Mohan Gurnathan Director</p>	<p><i>Help others to help themselves!</i> Mr. R. Muralidharan Director</p>	<p><i>Cultivate a spirit of selfless service to know yourself!</i> Mr. Logachander Natarajan Treasurer</p>	<p><i>Uplift & Empower people through Service!</i> Mrs. Abirami Balasubramanian Director, Technology</p>



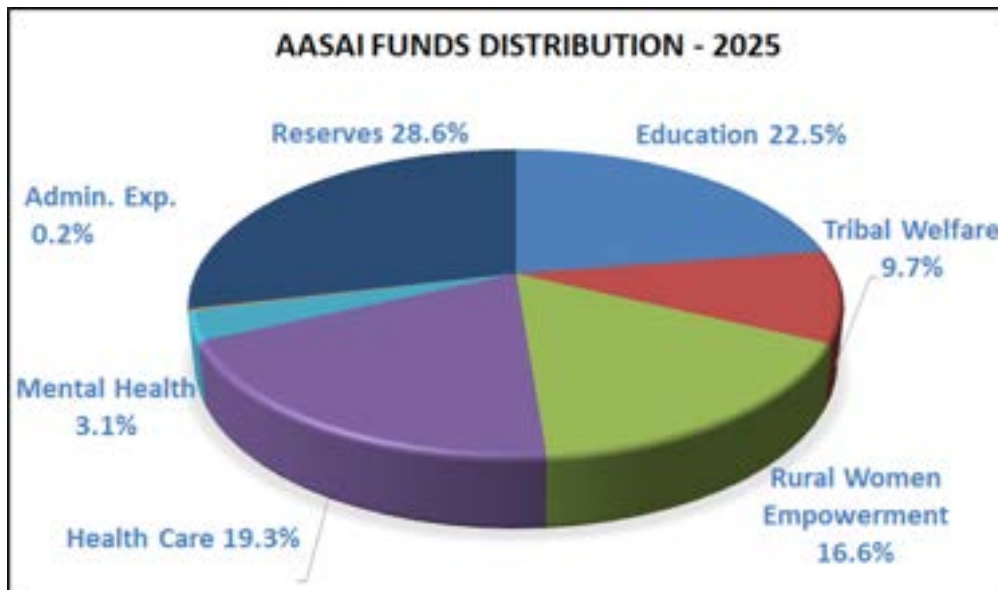
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AASAI Funding Progress - History



AASAI Funds Donated - Distribution: 2025

The following pages cover the activities and results in 2025, through NGOs supported by AASAI.



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Kalanjiyam

Working together for a better future

Creating a Better Future for Rural Communities

**Kalanjiyam Trust, 3/751 D Greenways Lane, Jayashankar Nagar,
Palavakkam. Chennai 600041, T. Nadu, India**

www.kalanjiyam.org

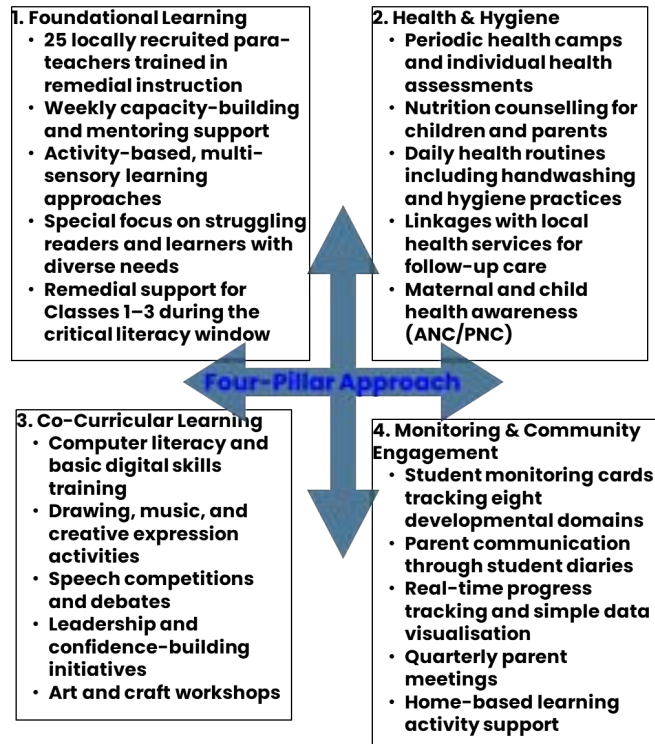
Thalir Academy

**AN INITIATIVE OF KALANJIYAM TRUST
REGISTERED UNDER NSDC – SKILL INDIA**

Mission & Vision

The Educational initiative was designed to build foundational academic competencies, promote holistic child development, and strengthen community partnerships across underserved rural schools in Tamil Nadu.

Thalir Academy, an initiative of Kalanjiyam Trust addresses socio-economic challenges for rural youth and women with limited access to education, skills, and jobs. As a registered training partner of the National Skill Development Corporation (NSDC), we deliver structured programs blending digital literacy, vocational training, and entrepreneurship with confidence building and personal development. Rooted in local communities, our hands-on approach with mentoring and clear pathways to employment or self employment enables first generation earners to achieve economic independence and contribute meaningfully to their economic and social wellbeing.





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PATHWAYS TO LEARNING AND GROWTH

RURAL SCHOOL STRENGTHENING PROJECT

Strengthening foundational learning, wellbeing, and opportunity for rural children



Building strong foundations for first-generation learners.

The Challenge: Government primary and middle schools in Lathur and Madurantakam blocks face persistent challenges related to learning gaps, health, hygiene, and limited exposure to digital and co-curricular opportunities. Many students are first-generation learners requiring structured academic and emotional support. Kalanjyam Trust addresses these gaps through school based, community rooted interventions that strengthen children, teachers, and families together.

Learning gaps are not just academic they are social and emotional too.



2025 HIGHLIGHTS

Strengthening Education, Skills, and Livelihoods in Rural Communities

The Thalir Academy was formally established and progressed steadily toward structured certificate-based skill training. Currently, the third batch of trainees is underway, reflecting growing participation and program continuity.



- To strengthen livelihoods, Malar Society was established, and market linkages were initiated to enable sustainable income opportunities. Skill development initiatives moved beyond practical and theoretical training to ensure recognized certification, enhancing employability and mobility.
- Alongside this, vocational and extracurricular learning continued to build focus, discipline, and confidence among learners. Market linkage systems were also reinforced to support trained beneficiaries.
- The Academy also expanded its scope by introducing additional learning resources, including IEC materials, further enriching educational access and support.

Ongoing Commitment
Continues to support:
Relief | Rehabilitation
| Livelihoods | Mental
Health | Research |
Skills Building |
Volunteer Programs



Empowering Youth with Smart Skills

Through Thalir Academy, targeted skill development initiatives are implemented to equip rural youth with employable competencies and improved livelihood opportunities. High demand skill areas such as fashion design, tailoring, digital literacy, data entry, and entrepreneurship, enabling young people to actively participate in the digital economy is the focus.

Digital Skill Development – Data Entry Operator :

Thalir Academy works to strengthen the employability and self-reliance of rural youth by providing structured, need-based skill development opportunities. Through its Digital Skill Development and Data Entry Operator Programme, the Academy addresses the growing digital



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divide by equipping young people with essential computer literacy, workplace-ready skills, and confidence to engage with the modern economy.

The six-month programme builds foundational and applied digital skills for youth with little or no computer exposure through a step-by-step, hands-on learning approach. Continuous practical training ensures real-time application of skills. An NSDC-aligned assessment (Theoretical MCQ, practical's, viva and attendance record) and certification exam is conducted, with successful participants receiving recognized certificates that enhance employability.

Ooraru Oli Team, formed from Thalir Academy's first computer batch, unites five exceptional students Harini, Deepika, Sanjay, Akash, and Gunaseelan to drive digital entrepreneurship through their YouTube channel with 500 subscribers. They promote the academy's vision, advertise small businesses and real estate, showcase youth talent, and hone skills in leadership, marketing, and content creation using provided laptops and cameras for videos, success stories, and events. Future goals include entrepreneurship workshops and broader digital marketing support for local enterprises.

Bridge, Vacation & Creative Exposure Programmes – Community Extensions & Pathways

- Bridge and Vacation Courses for school students (Classes 7–12) to build early digital familiarity
- Post-12th digital readiness programmes for college and job preparation
- Mentor–Volunteer Pathways, where alumni support new learners
- Skill training support for staff and community members, including driving license facilitation

Beautician & Personal Grooming Skills

The beautician training equips women with service-oriented skills relevant to local demand. Modules focus on basic beauty care, hygiene and safety standards, skin and hair care, and client interaction. This intervention supports flexible income generation, particularly for women seeking local or home-based livelihood options.





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TAILORING PROGRAM AT THALIR ACADEMY STITCHING SKILLS INTO SUSTAINABLE LIVELIHOODS

Tailoring Basics Module introduces beginners to essential sewing skills and garment construction techniques

Advanced Tailoring Module focuses on sewing machine operation and refined stitching techniques.

Aari Work is specialised skill training to enhance creativity and expand income opportunities for learners interested in decorative and value-added tailoring.

Embroidery training: complements tailoring skills by introducing decorative hand-embroidery techniques.

Weaving training: provides exposure to traditional textile techniques and an understanding of fabric structure.

MALAR SOCIETY - SUSTAINABLE PLATFORM FOR LIVELIHOOD



Core Lifeskills

Lifeskills classes, led by mentors, cover communication, decision-making, time management, and teamwork to build confidence and prepare learners for real-life challenges. Students learn positive thinking, organization, and relationship-building through interactive sessions. These skills enhance academic success and workplace readiness

Self-Awareness Training

Self-awareness sessions, facilitated by Janani, encourage reflection on thoughts, emotions, strengths, weaknesses, values, and triggers. Participants develop emotional control, empathy,



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and better decision-making via guided activities. Learners report discovering hidden strengths, managing emotions like anger, and gaining purpose

Spoken English Coaching

Spoken English builds communication confidence with basics, phonics, vocabulary, grammar, practice dialogues, and idioms. The program targets academic, professional, and daily use. Testimonials highlight improved grammar understanding and ease of speaking.



Counseling Support: Provide non-judgmental listening for personal issues, anger management, and self-trust. Participants feel refreshed, focusing on self-care and calm problem-handling. These services foster emotional balance and positivity.

Mental Health Sessions: Emotional well-being programs address self-analysis, self-esteem, stress management, emotions, motivation, interpersonal skills, problem-solving, and boundaries. Tailored for various ages, these interactive sessions promote resilience and holistic growth beyond technical training. They equip individuals to thrive personally and professionally.



Pathways to Livelihoods & Leadership:

Thair Academy actively supports transitions from training to livelihoods through placement guidance, internships, self-employment mentoring, and opportunities



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in digital promotion and local enterprise support. High-performing graduates are encouraged to return as peer mentors or volunteers, strengthening leadership skills and reinforcing a community-driven learning ecosystem.

Our team is now weaving and also training some of the trainees. They have started weaving scarfs, runners, and belts at this time

Nurturing Young Women

Design blouse

- (1). Paithani model
- (2). Chocolate model
- (3). Princess blouse model
- (4). Flower model blouse
- (5). Collar blouse

Sleeve design

- (1). Buffs sleeve
- (2). Diamond Sleeve
- (3). Single fleet sleeve
- (4). Flower sleeve
- (5). V shapetleeve

Successful women leaders

Deepa from Kalpat village has been supported to complete the fashion designer course and, she is now beginning to design garments and train the women in the tailoring unit.

Building RESILIENCE

Various sessions are conducted to provide life skills training and awareness to women, empowering them to manage life challenges.



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Athmalayam

Education and Residential Care for Children with Autism Spectrum and other Mental Health Needs

[Athma Special School,](#)

S.F.No. 317, Ammapettaai,

Opp. JJ Engg. College,

Tiruchirappalli- 620009,

Tamil Nadu

Phone: +91 97881 22221, 80125 22125

<https://www.athmalayam.org/index.php>

athmaspecialschool@gmail.com



Established in 2009, **Athma Special School** for the welfare of special children with disabilities aims to enhance and utilize the positive skills of the child with the help of supportive therapies as far as possible and reduce their weakness. Teaching and training each child is undertaken according to individual training programs (IEP) formulated on the guidelines of national institutes. Providing these services is Athma special school's commitment in improving quality of life for each and every child - no matter how complex or difficult their case may be.

Currently we have 73 full time and 10 part time students, for a total of 83 students.

Athmalayam special school has adapted an experimental approach that is specifically designed for the student's unique needs. We use different approaches & assessments for each student to provide the special education services and we enroll students based on the following assessment models.

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Detailed history, developmental history, medical history, psychiatric morbidity and physical examination are assessed to understand the problem of the child in a specially designed Performa.

Medical investigation:

Appropriate blood routine & radiological investigations.

Psychological tools used for the assessment:

Binet-Kamath Intelligence test is one of the widely used tests of intelligence in clinical and educational settings and a standardized IQ test for the Indian population.

Bhatias performance test of intelligence is an Indian adaption version of Weschler scale.

Other tests include:

- ACCL- Achenbach's Child Behavior Check List
- VSML-Vineland Social Maturity Scale- Indian Adaption
- ACTERS – Teachers & parents version to assess ADHD
- CARS- The Childhood Autism Rating Scales
- Indian version of Autism rating scale
- L.D assessment
- Neuro psychological assessment
- Speech & hearing assessment

Some of the services provided include:

- Every week a child psychologist visits.
- Weekly visit by a psychologist for parental counseling and supportive group therapy.
- Monthly report of each child provided by special educators.
- Monthly consultation by a psychiatrist.
- Quarterly parents meeting.

Medicines:

Medicines are effective in case of increased behavioral problems, obesity, and epilepsy and sleep deprivation in children with developmental disabilities.



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Our Special Features

Early Intervention:

Early intervention consists in the provision of services to differently-abled children and their families for the purpose of lessening the effects of the condition. Early intervention can be remedial or preventive in nature – remediation of existing developmental problems, or preventing their occurrence. Early intervention can result in parents having improved attitudes about themselves and their child, and in improving the knowledge & skills for teaching their child.

Home Based Services:

The parents of profoundly disabled children may find it difficult to visit the institution regularly. Here, home-based rehabilitation plays a major role, where we visit the child's home, plan out the programs for the disabled, and train the parents to provide services in the home environment. We make periodical home visits of our enrolled students to assess their family and social situations, assess their support systems, and make sure about the child's regular training at home. We also address any psychological problems within the family.

Self-Care Training:

Self-care training is an essential intervention in rehabilitation. Self-care skills are those we use in everyday life, also referred to as Activities of Daily Living (ADL). These skills include feeding ourselves, using the toilet, dressing and undressing, washing (including hand washing), grooming (including teeth and hair brushing), and taking care of belongings.

Self-care training refers primarily to training in personal care tasks.





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Shanthivanam

Rehabilitation Center for the Mentally Ill and Destitute



Rescue and Rehabilitation of Mentally ill destitute persons:

Shanthivanam - a residential charity that serves the needs of mentally ill and destitute, who often drift and wander away from their home. Sometimes they are driven away or discarded from their home. These destitute male and female individuals are identified, rescued, treated, rehabilitated and when possible, reunited with their families.

Shanthivanam on an average supports over 100 such residents.

During the past year, we have admitted 37 residents for psychiatric treatment and rehabilitation in Shanthivanam. Of these, 20 were rescued from the roadside with the help of District Differently Abled Welfare Office (DDAWO), Karur with a CSR petition.

During the same period, we have discharged 41 residents after treatment and rehabilitation. Of these, 31 are destitutes rescued and recovered from the roadside, prior to their treatment and rehabilitation at Shanthivanam.



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Destitute Mentally ill rescued from roadside



Destitute Mentally ill are reunited with their family after recovery, treatment and rehabilitation.

Following are examples of a few projects at Shantivanam. In each case, the initial funding (donation) from AASAI has resulted in outcomes of sustainable benefits to Shantivanam and its residents. These projects are consistent with AASAI's Mission: **Help others to Help themselves**. These projects also meet the day to day needs of the residents; provide vocational opportunities as part of their rehabilitation needs and generate income that offsets some of the cost of operation of the facility.

Ghosala and Fertilizer unit at Shanthivanam:

This is a long-term project initiated by AASAI. Now, there are 12 cows and 17 calves at this facility that supplies adequate milk to meet the consumption by the residents at Shantivanam. The adjunct fertilizer unit also serves to produce eco-friendly fertilizer for farm use at Shantivanam.



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Ghosala at Shantivanam, and eco-friendly fertilizer produced.

Arecanut Plate Making Unit:

AASAI has funded the “Areca nut” project, which is an on-site dish-making project at Shantivanam. This facility generates net revenue while providing vocational skills work/training as part of rehabilitation for qualified residents.



Shantivanam conducts a variety of activities throughout the year to engage the residents and provide them an inclusive lifestyle. Examples of these events are:

- World Schizophrenia Day - awareness programme at Shanthivanam
- Environmental day at Shanthivanam -event and planted some tree Saplings.
- Independence Day at Shanthivanam with the Chief Guest Mr. Raja, The District Commander, Home Guards,
- Ganesha Temple Pirathistai at Shanthivanam
- Vinayagar Chaturthi Function
- Deepawali Function at Shanthivanam- Musical program to our residents.
- Mupperum Vizha

These events and celebrations include dignitaries, fostering their awareness and support.



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Shanthivanam Vocational Activities:





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Siva Shantha Trust

Free Healthcare for Underserved Communities

Siva Shantha Trust operates two clinics in Chennai, Tamil Nadu, dedicated to providing free, high-quality healthcare to underprivileged communities. Our Pediatric Clinic in Nesapakkam serves children, newborns, and new mothers, while our Adult Clinic in Chetpet offers a wide range of medical services, including specialized care in Pediatrics, Cardiology, Psychiatry, Dentistry, and Siddha medicine. All services, including medications and immunizations, are provided at no cost. We also cover hospitalization expenses when the need arises.

The year 2025 was steady and productive for our clinics - almost following the same pattern as the previous year. There were no doctor or staff changes and that helped in the stability of the clinics.

Specialty Psychiatric Clinic Services

I wish to make a special mention of our Specialty clinics which have raised the level of patient care. Dr. Padmavathi is our clinic Psychiatrist. She is the Director of SCARF - a well known psychiatric facility in Chennai. She has been counselling patients at our clinic for the past 22 years and has a very special rapport with them.



Dr. Padmavathi counselling a patient



Dental Clinic and Free Dental Camp

The other specialty clinic is our Dental clinic. We had a dental camp again this year in September, with a good response of 43 patients. We provided the usual dental treatments. Elderly patients were particularly happy with the dentures fixed for them. We were able to provide dentures for about a dozen patients after the camp. This is quite an unaffordable treatment in private and we were happy to put a smile on their faces.



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Dentalcamp procedure



Before and After Dentures

Lifetime Achievement Award for Dr. Shanmugasundaram

Our clinic Cardiologist - Dr. S. Shanmugasundaram is a very well known Cardiologist in Chennai, and this year he received the ' Lifetime Achievement Award' from the Chennai Interventional Cardiology Council. This was truly a very proud moment for all of us. He has served at our clinics for the past 23 years.



Dr. S. Shanmugasundaram received Lifetime Achievement Award



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Overall Summary for 2025

We had the usual inflow of patients - both in the Pediatric and Adult clinics. New patients were also added. In our pediatric clinic, many patients were the next generation of newborns. New patients for our Adult clinic are usually referred by word of mouth. In total, we saw **5650 outpatients** in the 2025 year. We hospitalized 16 patients - mainly medical admissions for respiratory and gastrointestinal infections. We also had Cardiac admissions for Angiograms and Angioplasty and admissions for endocrine and surgical problems. We sponsored a number of outpatient procedures /special labs/scans /equipment for patients - a total of about 30 for the year.



Milk programme children with their new T-shirts. Pediatric clinic - waiting area.

Milk Programme: We continued with our milk programme, and from time to time gave the children an extra treat or gift. This year we sponsored new T-shirts for all our regular milk programme kids.



Thanks to AASAI and our Donors.

Thanks to the generous support of AASAI and our donors, we are able to offer essential medical services that would otherwise be inaccessible to our patient population. What makes our service so valuable is that we bring free, high quality medical care to the doorsteps of the communities we serve. In addition, we provide hospitalizations when necessary, in partnership with the best private hospitals. CHILDS Trust Hospital was voted the best pediatric hospital in this part of the world, and Billroth Hospital is at



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the forefront for cardiac care. All the medications we give are of the best quality from respected pharmaceutical companies. With the help of AASAI, we are proud and honored to be able to provide such a high level of care for the underprivileged sections of society.

Sincerely, *Dr. Usha Mittal*, Temple of Service, Siva Shantha Trust.



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Rehoboth Home

Empowering Women, Restoring Dignity



A Path to Independence and Empowerment

The Thrift store – AASAI n Pudhumai:

Since 2012, Pudhumai Store, our local thrift store, has provided a space for the women of Rehoboth to serve the community and showcase their talents. The store sells donated home goods, clothes, and appliances, along with handicrafts created by the women themselves. This not only provides a steady income but also uplifts their self-esteem and sense of dignity.

The proceeds from the sales are used to support the shelter for destitute women. A pet stall and eatery maintained by our women have been added to the thrift store, to better serve the needs of our customers.

Through Pudhumai, women can see the value in their work and creativity, which boosts their confidence and empowers them to take charge of their lives.





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Tailoring Unit

At Rehoboth Home, tailoring is one such vocational activity, where the resident women learn and participate by stitching a variety of items including gift bags, linens and bed sheets, etc. Rehoboth has a number of industrial sewing machines (including units donated by AASAI), which are operated by the residents along with 2 women from the community. The women produce a variety of tailored goods that are used by commercial businesses and other community organizations.

This work helps them in their recovery as well as developing positive feelings about themselves as useful members of society.



Solar Power at Hospice Unit & Shelter:

The Rehoboth Premises at Mettur, Somangalam has the following projects.

- Hospice & elderly care unit – 45 Patients.
- Special school – 30 children from in and around Somangalam village.
- Thrift Store: Asai n Pudhumai.
- Embroidery & Tailoring unit – involving our Halfway Home (Kudumbham) residents makes custom made bags, kurtis and sarees. This income goes towards the salary of the



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“Kudumbham” residents. Contacts to market the products through “AASAI” have been a valuable support to us.



The Solar Unit: This has helped us save our electricity bill payment.



AASAI n Kudumbham:

This is a concept initiated by AASAI. Contribution from AASAI has helped to create housing units for the half way home facility namely “Kudumbham”. This resource has helped us include 8 women in their projects. Their projects fund some of the needs for treated destitute women who wish to lead independent lives in the community. This Housing unit has trained women to maintain a household financially with compatible co-residents.





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Dairy - 2014



Gir cows were brought to our shelter at Somangalam in 2014. After their initial struggle to adjust to the climate, the cows started to multiply & give milk. At present there are 18 cows producing 8 liters of milk meeting the needs of “Aasai” , “elderly” , “Kudumbham” and the Rehabilitation shelter.

Floor cleaner Project:

A few of our women have been trained in the making of bio-based cleaning products. At present, we supply 250 liters of bio floor cleaners to VHS monthly. Preparation of chemical-based cleaning agents is also undertaken at present.



A Heartfelt Thank You!

We are deeply grateful to AASAI for their continuing support for Rehoboth’s mission to uplift our women and provide them a life of dignity, independence, and purpose.

Mrs. Zoraida Samuel, Rehoboth Home



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THE VOLUNTARY HEALTH SERVICES

**263W+2W8, SH 49A, Pallipattu, Tharamani,
Chennai, Tamil Nadu 600113**
<https://vhschennai.org/>

On behalf of the management and staff of **Voluntary Health Services Hospital (VHS)**, we would like to express our sincere gratitude to AASAI for their generous support and philanthropic contributions to our institution for many years including the year 2025. We are especially thankful to AASAI for extending financial assistance for the treatment of 17 needy patients at our hospital. This support has significantly helped these patients receive timely medical care and has alleviated the financial burden on their families.

In addition, the linen supplied to us by the AASAI is an example of collaboration across NGOs fostered by AASAI initiatives. These linen are tailored by Rehoboth Home (another NGO) and supplied to the VHS hospital. This effort to engage in the rehabilitation of destitute women at Rehoboth Home are also extremely useful in improving patient care and maintaining the quality of services provided in our wards. Such thoughtful contributions play a vital role in enhancing the comfort and well-being of the patients we serve.

VHS Hospital has always been committed to providing affordable and compassionate healthcare to the underprivileged sections of society. The continued support from philanthropic organizations like AASAI greatly strengthens our mission.

We sincerely appreciate this noble gesture. With heartfelt thanks and appreciation.





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Vaitheeswaran Memorial Fund:

Donations from a group of friends of late Shri Vaitheeswaran Sampathkumar, headed by Mrs. Swetha Athreya, and Mrs. Malathy Dwarakanath have been used to establish a charitable program to accomplish the following:

- Upgrade the beds and furniture in 2 rooms used to serve patients under cancer treatment at VHS.



- Pediatric palliative unit is where children with short term/ end of life palliative care are taken care of in a Hospice. The area has been identified, and VHS is currently running the home visit program called VHS Paasam.
 - Setup the hospice with interiors, infrastructure, furniture suitable to provide care and comfort, so that the children feel secured in a home friendly atmosphere, who feel better under our roof, till their end of life.
- An Endowment fund named in honor of Mr. Vaitheeswaran, to be set up. Income generated from this endowment fund shall be used for treatment of cancer patients at VHS.

This project has been acknowledged with a memorial plaque in honor of the late Mr. Vaideeswaran.





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Kaigal Education and Environment Program (KEEP)

An Initiative from the Foundation for Education, Ecology, and Livelihood

Krishnamurti Foundation, India

Kaigal, Thottakanam Post, Chittoor District, Andhra Pradesh

<https://www.thevalleyschool.info/beyond-academics/keep/>



School children interaction during visit.



School children learning mathematics.



Story Telling by teacher



Parent narrating life story for students

The Parijatham Sanctuary School in Kalligutta Village started the year with a student strength of 29, with 19 in the Primary School and 10 in Day Care. The Chamanthi Sanctuary School in Mogilurevu Village started the year with a student strength of 22 with 10 in the Primary School and 12 in the Day Care.

As per our plan for the year, teachers were trained to encourage children to read aloud from English story books and listen to Audio Recordings of stories. This saw a quantum change in the children who made good progress and developed confidence to pick up and read books besides learning to speak freely.

Mathematics learning also received extra emphasis with the Class V children solving Mathematics puzzles on the Computer. Our teachers learned and integrated aspects of computational thinking in the mathematics classes through games, outdoor activities and puzzles.



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Six students in the age-group 10 to 12 years took the Bebras India Challenge 2025 for Computational Thinking test and two in the age group 12 to 14 years. They ranked high at the National level and were given certificates commending their effort.

Children's Day was celebrated on September 15 and National Mathematics Day was celebrated on December 22 .

The Schools hosted several children's groups from different urban schools. Interactions included playing traditional games besides sharing the art of Rangoli drawing and Basket weaving with the visiting children.

The Mandal Education Officer made a routine visit to the School with officials from the Department in November. They interacted with the children and the teachers and expressed joy walking through the Butterfly Garden that the children had established. Four Parent-Teacher Meetings were held in both the Schools. The art and classwork of the children were exhibited and the progress of the children was explained to the parents.

The evening classes conducted by us for government school children in Vengamvaripalli Village Learning Center (LC) started the year with a student strength of 48, Kadathatlapalli Village LC with a student strength of 21, and Devadoddi Village LC with a student strength of 48.

The learning program for the LCs framed similar to that of the Sanctuary Schools saw children responding very well. They showed considerable improvement in their class room performance and hence this support was much appreciated by their parents.



Mandal officer visits the school



Children display their art work



Children learning the concept of "weight"



Students playing Traditional Games.



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Thanks from AASAI to our Donors

We are grateful for the generous support of our donors, which in turn supports the various causes served by the many dedicated NGOs, highlighted in this Newsletter!

Their services improve the health, education and welfare of the communities and their needs the NGOs support!

Donating to AASAI

We respectfully solicit your kind support for AASAI and all the NGOs we support.

Please send any contributions by check(s) payable to **AASAI**. Please mention the NGO name if you are contributing towards a specific project. Otherwise the contributed amount may be used by AASAI for projects and programs with most need. Email us with any questions at: mail4aasai@gmail.com

Mailing Address :

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5925 Hillview Ave
San Jose, CA 95123, USA

You can often maximize your gift through company matching programs. Sometimes company match can double your gift. Please contact your employer for details.

**Your donations are exempt from Federal Income Tax under section 501(c)(3).
Our Tax ID is No. 31-1634640.** Please check with your Tax professional for details.

(END OF NEWSLETTER)